# Welcome to the love<mark>Skin</mark> Weight Loss Clinic



# Start your journey <mark>today!</mark>

A simple process Starting a medical weight loss programme has never been easier with our simple online consultation form.

### A simple process

#### Step 1

Complete a simple medical questionnaire online. This will only take a few minutes.

#### Step 2

Your questionnaire will be reviewed by our trained nurse prescriber and a free one-toone in-clinic consultation or a video call can be arranged to discuss your treatment.

### Step 3

If treatment is "approved", we will take you through an informed consent process discussing risks & benefits, alternative treatments, potential side effects and how to manage these. We will carry out a full assessment of your medical history and BMI before a practical demonstration on how to use the pen takes place.

### Step 4

Purchase your pen (each pen contains 4 weekly treatments) and you are ready to start you weight loss journey. We will keep in touch with you every step of the way and support you until you have reached your weight loss goal

# Can't lose the weight?

If you are struggling with weight loss, feel like you have tried every diet and exercise plan or slimming club, but can't reach and maintain your weight loss goals, then our medically supervised weight loss programme, in conjunction with diet and exercise advice, is here to help.

To book your free consultation please complete the following online questionnaire: <u>https://www.nmwlp.co.uk/consultation-</u> <u>form/?clinic=loveskin-clinic+BL8-1TA</u>

### **Mechanism of action**

- Your body naturally produces an appetite hormone known as glucagon-like-peptide (GLP-1) that is released in response to food intake
- The pen is similar to GLP-1 and works by regulating your appetite, which can lead to eating fewer calories and losing weight
- The pen increases feelings of satiety (fullness) and decreases hunger

## Health benefits to losing weight

- Cuts your chances of cancer
- Reduces risk of heart disease
- Prevents Type 2 diabetes
- Eases high blood pressure
- Lifts your mood
- Takes pressure off your joints

P.S. Don't worry if you can't inject yourself, you are very welcome to come to clinic once a week for support.Can't get to clinic for your injection? No problem either.We can work together via FaceTime and post your pen/s directly to you.



# Medical Science Once weekly Ozempic®

The Ozempic® pen (once weekly) uses an FDA approved prescription medication called Semaglutide.

Semaglutide is licensed to treat type-2 diabetes and prescribed for certain high-risk patients to aid weight loss under the trade name of Ozempic®

Ozempic<sup>®</sup> can be prescribed "off-label" to treat weight loss for clients wishing to lose weight for personal reasons but without a diagnosed medical condition.

A simple injection is self-administered once weekly with an easy-to-use pen that is pre-filled with the medication. **Please note that we can also prescribe the daily Saxenda® injection pen.** 

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### Getting the results, YOU want

We are here to support you every step of the way but there are two things you can do to help

- Healthy eating habits
- Exercise to help tone & firm

We can put you in touch for a free consultation with a qualified personal trainer or a registered nutritionist to help you with your weight loss journey. Please ask for details.

### Contact Us

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